

A Taste of Buddhism

A Taste of Buddhism I and II

Wednesday 20 August to 24 September

Vajrayana Institute, 9 Victoria Square, Ashfield



Wisdom.

with Buddhist nun & resident Vajrayana Institute teacher
Ven Chokyi

- Explore Buddhist philosophy
- Find inner peace and happiness

Book now on 02 9798 9644

A Taste of Buddhism I

Wednesday 20, 27 August; 3 September 7.00–8.30pm

In this three week introductory course students have the opportunity to explore Buddhist philosophy and principles. Topics covered are the life of Shakyamuni Buddha and the Buddhist approach to suffering and its causes are presented in the Four Noble Truths.

Suitable for beginners

A Taste of Buddhism II

Wednesday 10, 17, 24 September 7.00–8.30pm

In this second three-week introductory course students have the opportunity to explore Buddhist philosophy and principles in the teaching of the Three Principles of the Path and how to begin one's practice.

About Ven Chokyi

Ven Chokyi is a Buddhist nun in the Tibetan tradition and a resident of Vajrayana Institute. She has been meditating for many years and recommends this practice for anyone wanting to bring mindfulness into the activities of every day life.



Bookings 02 9798 9644

Booking form

Please register me for

A Taste of Buddhism I 20, 27 August, 3 September

A Taste of Buddhism II 10, 17, 24 September

Cost: \$35/\$30 VI members for 3 week course;
\$15/\$13 VI members single session

A Taste of Buddhism I & II Cost \$60/\$50 VI members

Venue: Vajrayana Institute, 9 Victoria Square, Ashfield

Name

Telephone Mobile

Email

Please choose a payment method

Cheque Mastercard Visa

Please make cheques payable to Vajrayana Institute

Card number

Expiry Date / Amount \$

Signature Date

Please send to: Vajrayana Institute PO Box 352, Summer Hill NSW 2130

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